

Study: Brain Plasticity & Working Memory Training Using an Automated Computerized Cognitive Exercise Program

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Research Institution: Columbia University; New York University; University of Missouri, St. Louis; Brain Resource Center

Study Size: 60 **Study Design:** Randomized, Double-Blind, Controlled

Results/Implications: The main study objective is to examine on the training effects on an Advanced Brain Technologies automated brain plasticity computerized exercise program on adults ages 50-65.

Status: Complete, Submitted for Journal Publication

Keywords: Age related cognitive decline, brain plasticity, computerized cognitive enhancement